

Elektr KoopNews BUGHAW ng ZAMSURECO-I





The Official Newsletter Publication of Zamboanga del Sur I Electric Cooperative, Inc.

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MUNICIPAL ANNUAL GENERAL MEMBERSHIP ASSEMBLY (MAGMA) 2024 April 17, 2024 to May 29, 2024

AMSURECO-I's Sequential MAGMA is an annual gathering of the memberconsumer owners that will be conducted in 24 municipalities and six (6) zones of Pagadian City. It is unique and valuable practice that improves communication, transparency, accountability, MCO engagement, and financial performance. By providing MCOs with a platform to participate in the governance of the cooperative, the MAGMA helps build a stronger, more resilient, and more successful ZAMSURECO-I.

The benefits of conducting MAGMA for an electric cooperative are numerous. First, it provides members with a forum to express their opinions and concerns about the cooperative's operations, policies, and performance. This can help to improve communication between the cooperative and its members and foster a sense of community and shared responsibility. Second, it promotes transparency and

accountability in the cooperative's operations. By providing members with access to information about the cooperative's financial performance and governance, the MAGMA helps build trust and confidence in the cooperative's management.

Third, it provides MCOs with an opportunity to participate in the cooperative's decisionmaking process. By allowing MCOs to vote on important issues affecting the cooperative, the MAGMA ensures that the cooperative's policies and decisions reflect the interests and priorities of its members.

Fourth, it improves MCO engagement and participation in the cooperative's activities. By providing members with a platform to voice their opinions and concerns, the MAGMA builds a sense of ownership and investment in the cooperative's success.



Finally, it promotes ZAMSURECO-I's overall financial performance. By providing members with information about the cooperative's financial performance and governance, the MAGMA can help to build trust and confidence in the cooperative's management, which can have a positive impact on the cooperative's financial stability and growth.

ZAMSURECO-I's conduct of MAGMA is a unique and valuable practice that improves communication, transparency, accountability, MCO engagement, and financial performance. By providing MCOs with a platform to participate in the governance of the cooperative, the MAGMA helps build a stronger, more resilient, and more successful ZAMSURECO-I.

For 2024, ZAMSURECO-I led by GM and CEO Jose Raul A Saniel, the Board of Directors, and employees of ZAMSURECO-I conducted 26 assemblies starting April 17, 2024 and lasted on May 29, 2024.

Various strategies, massive and wide information dissemination campaign were initiated by ZAMSURECO-I through the Institutional Services Department and strongly supported by the EDP-Consumers Account Division and ICT personnel months prior to the conduct of the said MAGMA, as follows:

1. The Notice of Sequential MAGMA was posted in ZAMSURECO-I Facebook account and shared among employees, media partners, member-consumers and other stakeholders. ZAMSURECO-I has more than 80,000 FB followers.

2. The Notice of Sequential MAGMA was posted as ZAMSURECO-I Website, and Viber Accounts.

3. The Notice of Sequential MAGMA was disseminated to MCOs utilizing text-broadcast system.

4. The Notice of Sequential MAGMA was announced at ZAMSURECO-I Radio Station known as "Radio Kidlat-103.1FM", and to all other radio stations, and J-Channel in the Zamboanga del Sur provincial wide coverage.

5. The NOTICE OF MAGMA was further disseminated to the 618 Barangay MCO Organizations during their 1st quarter scheduled regular meetings. ZAMSURECO-I has more than 60,000 members.

6. MAGMA Posters were posted in every barangay in strategic places through the Meter Readers.

7. The Call Letters were sent to more than 218,000 consumers through the Meter Readers for two consecutive months in March and April 2024 Meter Readings.

8. An invitation letter was sent to all Barangay Captains, City, Municipal and City Mayors and the Provincial Governor.

9. A RICORIDA was conducted a day before the scheduled MAGMA in every municipality.

The Board President Francisco D. Gumban opened and declared the meeting in quorum. The district directors were assigned as Floor Leader to facilitate and ensures organized flow of presentation of reports, discussion and resolutions of MCOs concerns.

Institutional Services and EDP Manager Lagura presented the House Rules for a smooth conduct of the assembly.

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GM and CEO Jose Raul Saniel, in his introductory message, thanked all the delegates for their commitment and untiring support to ZAMSURECO-I MAGMA and encouraged MCOs to listen relevant updates about the 2023 operation performance, the electrification programs, significant development projects pushed that have impact on the reliability of services of ZAMSURECO-I.

In his report, GM and CEO Saniel highlight the renewable source of energy as it helps decarbonize the earth. ZAMSURECO-I will embark a 5-MW solar embedded generation in Tuburan, Mahayag, ZDS as a clean, green, alternative source of power. By embracing a clean, renewable solar power for Zambosurians, it can help reduce carbon footprint and help protect the environment.

Further, GM Saniel stressed the advantages of using renewable source of energy and its impact of reducing the cost of electricity specifically the generation cost, and System Loss Charge. Also, the renewable energy is not vatable, thus will further reduce the VAT Charges. This project gained support and approval from MCOs through an assembly resolution.

More so, GM and CEO Saniel provided updates on the Application of ZAMSURECO-I Franchise. He recognized the unwavering support of the two (2) District Representatives, Congresswomen Divina Grace C. Yu and Jayzel Victoria C. Yu for sponsoring and signing the bill for the Cooperative.

GM Saniel, in his report emphasizes the electrification mandate of Pres. Ferdinand Marcos, Jr. that by year 2028, all Filipinos have electricity in their homes, especially the marginalized sector will be given access to opportunities to uplift their way of living. In the recent updates, ZAMSURECO-I achieved 92% Household (HH) Electrification Level, however, there are municipalities with low level of household electrification level which are now given top priority of ZAMSURECO-I. According to GM Saniel, ZAMSURECO-I continue to push the implementation of SEP, Solar PVM, Counter-parting scheme between ZAMSURECO-I and the Province of Zamboanga del Sur through the strong support of the Gov. Victor C. Yu, ZAMSURECO-I Intensification of HH Electrion (ZIHE), among others.

He recognizes the support of the National Electrification Administration (NEA) through Administrator Antonio Mariano Almeda as it approves 71Million Pesos for SEP for the year 2024. Indeed, this will surely support ZAMSURECO-I achieves its 95% electrification level this year. He also reported that ZAMSURECO-I will soon implement SPVM as NEA allocates an initial of 3,000 SPVM facilities for the marginalized consumers living on areas outside the grid. In the said assembly, there were four MAGMA resolutions approved:

1. Approving the transfer of the three (3) municipalities Bayog, Kumalarang and Lakewood from ZAMSURECO-II to ZAMSURECO-I;

2. Approving the implementation of ZAMSURECO-I 5-MW Embedded Solar Generation in Tuburan, Mahayag, ZDS;

3. Requesting the Congress of the Republic of the Philippines, both the Lower House and the Senate, to fast-track the passage of a bill granting exemption to all Power Utilities in the Philippines (Senate Bill 2301 also known as AN ACT EXEMPTING ELECTRICITY SALES FROM VALUE-ADDED TAX, FURTHER AMENDING FOR THE PURPOSE SECTIONS 108 AND 109 OF THE NATIONAL INTERNAL REVENUE CODE, AS AMENDED); and

4. Requesting His Excellency President Ferdinand R. Marcos, Jr. to issue certification declaring proposed bill of Lower House and the Senate to exempt Power Utilities from the 12% VAT.

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Also, in attendance at the MAGMA were

- San Pablo Municipal Mayor Danilo A. Taucan
- Guipos Municipal Mayor, Vicente P. Cajeta
- V. Sagun Municipal Mayor Jeffry P. Maata
- Tabina Municipal Mayor Greg Dayondon together with municipal officials
- Dimataling Municipal Mayor Avelino J, Yrauda
- Aurora Municipal Mayor Silvano C. Zanoria
- Tambulig Municipal Mayor Charlotte D. Panal
- Dumingag Municipal Mayor Gerry Paglinawan
- Sominot Municipal Mayor Johnriel Melo
- Ramon Magsaysay Municipal Mayor, represented by Mr. Jude Dexter Machon

Also, guests present in Aurora MAGMA were President of Libertad Power Energy Corporation (LPEC) Mr. Kim Joseph C. Yu together with COO Nathaniel Leonard Flores, and Engr. Reggie Albano.

GM Saniel immensely grateful for the support of Local Government Units and other stakeholders to the event and programs of ZAMSURECO-I.

The meeting in every municipality was ended with a Raffle. LPEC has donated 15 sacks of Rice as additional raffle prizes for MAGMA delegates.

A total of **30,854 Member consumer owners attended the MAGMA**, this figure represents **16.3 %** of the billed customers. The active involvement of MCOs demonstrate their commitment and support to the programs of ZAMSURECO-I.

Thank you MCOs for your unwavering support!

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ZAMSURECO-I has implemented a program that focuses on strictly compliance to the conduct of District Board of Directors election. This program ensures that the process of electing the District Board of Directors is carried out with transparency, fairness, and adherence to NEA's election guidelines and the cooperative's bylaws and regulations.

The program involves strictly following established NEA election guidelines and procedures for the election process, including the screening/nomination, campaigning, voting, and counting of ballots. It also establishes an impartial district election committee (DECOMS) responsible for overseeing the entire process and resolving any disputes or issues that may arise.

Strict compliance with the conduct of District Board of Directors elections ensures that all qualified candidates have an equal opportunity to participate and be elected. It promotes democratic principles within the cooperative, allowing the voices and choices of the member-consumer owners (MCOs) to be heard and reflected in the composition of the board.

The conduct of District Board of Directors election has had a positive impact on ZAMSURECO-I's operation and the satisfaction of its member-consumer owners. The emphasis on transparency, fairness, and democratic principles enhances the cooperative's governance, ensures fair representation, and strengthens the cooperative's relationship with its MCOs. This program showcases ZAMSURECO-I's commitment to democratic principles and promoting a cooperative community where the voices of its members are heard and valued.

For this year, three (3) elections were conducted on May 25, June 1 and 2, 2024 for District I comprising the municipalities of Molave and Tambulig, District II serving the municipalities of Mahayag, Dumingag, Josefina and Don Vic, Mis. Occidental, and District III composed of RM, Sominot and Midsalip, respectively.

Massive and wide information dissemination was initiated through the posting of posters in various barangays of Districts I, II and III. The Notice of Election was announced at different radio stations within the service coverage area of ZAMSURECO-I. Similary, said notice of election was posted at ZAMSURECO-I Facebook Account to ensure and give the member-consumers fair opportunity to apply for Directorship Position in said districts.

Ms. Anecita Quimno from District I, Tambulig, ZDS was re-elected for her second term, Mr. Francisco Gumban, from District II, Dumingag ZDS was re-elected for his 3rd and final term, and Mr. Armando Damas of District III, Sominot was re-elected for his second term.

Thanking the MCO's participation by casting their votes and support to ZAMSURECO-I's program. With this, their interest are protected through their representatives.

The said elections went well and peacefully conducted. Congratulations!

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ZAMSURECO-I LAUNCHES ONLINE BAYAD CENTERS TO ENHANCE SERVICE ACCESS

ZAMSURECO-I has launched online Bayad Centers in strategic municipal locations, significantly enhancing service accessibility for its member-consumer owners (MCOs). These newly established Bayad Centers are designed to provide a range of essential services, including bill payments, electric service applications and processing, and the filing of complaints and queries. By situating these centers in convenient locations, ZAMSURECO-I aims to bring its services closer to the people, making it easier for MCOs to access and engage with the cooperative.

The establishment of the Bayad Centers underlines ZAMSURECO-I's commitment to improving the convenience, accessibility, and overall affordability of its electricity services. This initiative not only enhances the user experience for MCOs but also aims to sustain high collection efficiency and operational effectiveness within the cooperative.

For the first semester of the year, ZAMSURECO-I has opened two Bayad Centers in District II, which encompasses the municipalities of Mahayag, Dumingag, Josefina in Zamboanga del Sur, and Don Victoriano in Misamis Occidental. These centers are expected to significantly ease the transaction process for MCOs, providing a one-stop solution for their electric service needs.

Through this strategic initiative, ZAMSURECO-I continues to demonstrate its dedication to fostering a customercentric approach, ensuring that its services are both accessible and user-friendly. The launch of the Bayad Centers marks a crucial step towards enhancing service delivery and strengthening the cooperative's relationship with its member-consumer owners.



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ZAMSURECO-I INAUGURATES MAHAYAG MCO ONLINE BAYAD CENTER TO ENHANCE CUSTOMER SERVICE

On April 12, 2024, at 10:00 AM, ZAMSURECO-I opened its latest MCO Collection/Bayad Center in Barangay Población, Mahayag, Zamboanga del Sur, furthering its commitment to improving customer care and service accessibility. The official launch was marked by a ribbon-cutting ceremony led by Mayor Manuel T. Saladaga and GM/CEO Jose Raul Saniel, alongside President Francisco D. Gumban, Vice President Josephus Tarranza, Board Secretary Nimfa Sacala, Board Auditor Anecita Quimno, Board Members Allan M. Cabalingan, Edmundo Doone Dalid Jr., and Armando Damas.

The ceremony was well-attended, including MCOO Chairman Ms. Lilibeth Alquizar, District II MCO Chairman Edwin S. Degayo, department and area managers, and the Area I workforce. The blessing ceremony was officiated by Rev. Rey M. Silangan, adding a touch of solemnity to the event.

The Mahayag Bayad Center features advanced ICT-based services aimed at enhancing the efficiency and convenience of transactions for its MCOs. Fully computerized and equipped with real-time online services, the new center ensures that payments are secure, accurately recorded, and immediately updated, thereby eliminating errors and preventing disconnections.

Strategically located in the town center, the Bayad Center offers a customer-friendly environment with a range of amenities including



a comfortable waiting area with chairs and a television, an organized numbering system, and air-conditioning for maximum comfort. The center is staffed by attentive customer care officers committed to providing excellent service.

Beyond serving as a payment hub, the Mahayag Bayad Center also functions as an Action Center, where MCOs can file complaints, provide feedback, and process various requests. GM Saniel highlighted that the center is equipped with technical maintenance linemen ready to address any issues or concerns from MCOs promptly.

This strategic initiative by ZAMSURECO-I underscores its dedication to bringing services closer to its member-consumer owners and enhancing overall customer experience. The launch of the Mahayag MCO Online Bayad Center represents a significant step towards fostering a more responsive and customer-centric approach in their operations.

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ZAMSURECO-I LAUNCHES NEW BAYAD CENTER IN DUMINGAG TO ELEVATE CUSTOMER CONVENIENCE

On May 18, 2024, at 10:30 AM, ZAMSURECO-I inaugurated its latest Bayad Center in San Pedro, Dumingag, providing a convenient and efficient payment facility for its member-consumer owners (MCOs). The new center underscores ZAMSURECO-I's commitment to enhancing customer service and accessibility, showcasing the cooperative's dedication to the welfare of the communities it serves.

Strategically located for maximum convenience, the Dumingag Bayad Center is designed with the customer experience in mind. It features a spacious parking area, a comfortable waiting lounge, air conditioning, a queuing numbering machine, and a warm, friendly staff to assist MCOs. These amenities aim to simplify the payment process and ensure a pleasant experience for all visitors.

The official launching was marked by a ribbon-cutting ceremony attended by Mayor Gerry Paglinawan, General Manager and CEO Jose Raul Saniel, and Board President Francisco D. Gumban. They were joined by Board Vice President Josephus Tarranza, Board Secretary Nimfa Sacala, Board Auditor Anecita Quimno, and Board Member Edmundo Doone Dalid Jr. The event also saw participation from ZAMSURECO-I MCO Organization Officers led by Chairman



Ricardo Decolongon, department and area managers, and personnel. Rev. Father Josue Caburna officiated the blessing ceremony.

In his message, GM Saniel highlighted that the new Bayad Center symbolizes ZAMSURECO-I's commitment to service reliability and efficiency. Equipped with ICT-based solutions, the center offers faster and more secure bill payments, addressing the limitations and discomforts of the previous payment center. Transactions are processed in real time, ensuring immediate account updates and preventing service disconnections.

Similar to its counterparts in neighboring municipalities, the Dumingag Bayad Center also functions as an Action Center.

It is designed to handle MCO complaints, feedback, and service requests, with linemen on standby to promptly and effectively address any concerns.

The Dumingag Bayad Center is the second facility of its kind to be launched in District II, serving the municipalities of Dumingag, Josefina in Zamboanga del Sur, and Don Victoriano Chiongbian in Misamis Occidental. This initiative is supported by the dedicated leadership of District II Director and Board President Francisco D. Gumban.

Congratulations to all Dumingag MCOs on the opening of this new Bayad Center, which marks a significant step forward in improving service delivery and customer satisfaction!

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PHILRECA's CORNER

NEW PHILRECA PRESIDENT, General Manager and CEO of ZAMSURECO-I, JOSE RAUL AGUSTERO-SANIEL

The Philippine Rural Electric Cooperatives Association, Inc. (PHILRECA) proudly announces the **appointment of Mr. Jose Raul A. Saniel a its new President**, ushering in a new era of leadership.

Saniel, who served as senior vice president of PHILRECA, brings with him a wealth of experience and knowledge. His exceptional leadership qualities and dedication to the mission and objectives of PHILRECA, makes him an exemplary choice to lead the association.

GM's Message

Dear ZAMSURECO-I Family,

I am sincerely touched and deeply honored by the warm and heartfelt congratulatory messages I have received from all of you regarding my recent appointment as the new President of the Philippine Rural Electric Cooperatives Association (PHILRECA). Your kind words and support mean the world to me.

It is with great humility and a strong sense of responsibility that I accept this new role. I believe that our collective experiences and the dedication we demonstrate daily in our work at ZAMSURECO-I will greatly contribute to my efforts in representing our interests on a national level. My commitment to our cooperative remains steadfast, and I vow to bring the same level of passion, diligence, and integrity to PHILRECA. Together, I am confident that we can continue to make significant strides towards improving our services, advancing our objectives, and strengthening the foundation of rural electrification in the Philippines.

Thank you once again for your unwavering support. I am proud to lead a team of such dedicated and exceptional individuals, and I look forward to the future achievements we will accomplish together.

Warmest regards,

Jose Raul A. Saniel General Manager/CEO, ZAMSURECO-I President, PHILRECA Bughaw ng ZAMSURECO-April to June 2024





ZAMSURECO-I REVOLUTIONIZES METER TESTING WITH CUTTING-EDGE GERMAN TECHNOLOGY

The Zamboanga del Sur I Electric Cooperative, Inc. (ZAMSURECO-I) is poised to significantly upgrade its meter testing capabilities with the forthcoming delivery, installation, and commissioning of a state-of- the-art 10-position, 1-phase Compact Meter Test Bench from MTE-EMH, a renowned German manufacturer of meter testing equipment.

This advanced meter test bench, which boasts a precision level of Class 0.02, will empower ZAMSURECO-I's metering personnel to effectively and efficiently test all single-phase kilowatt-hour (kWh) meters. This equipment caters to residential connections and other customer types utilizing single-phase kWh meters, streamlining the process and ensuring high accuracy. Capable of testing 10 socket or bottom-connected type energy meters simultaneously, the system also features a computerized control system designed to minimize errors due to human intervention.

Moreover, this acquisition will enable ZAMSURECO-I to comply with the stringent in-service meter testing requirements mandated by the Energy Regulatory Commission (ERC), which stipulates that all Distribution Utilities (DUs) must conduct accuracy testing of all in-service kWh meters once every two years.

Constructed from high-quality materials that adhere to Germany's rigorous quality standards, the compact meter test bench promises durability and dependability. "We are confident that this equipment will significantly enhance our operations and ensure the highest levels of service accuracy for our member-consumer-owners (MCOs),"GM Jose Raul Saniel said.

The new equipment is expected to arrive and be operational by the end of July 2024. Pazifik Power, Inc. (PPI), the local partner and supplier of MTE, will conduct comprehensive on-site training for all ZAMSURECO-I metering personnel immediately following the commissioning. This training is instrumental in ensuring that the staff can fully utilize the advanced features of the new test bench effectively.

With this technological leap, ZAMSURECO-I demonstrates its commitment to continuous improvement and adherence to regulatory standards, all in the pursuit of providing reliable and efficient service to its customers.



NEA GREENLIGHTS SOLAR PROJECT TO ENERGIZE 8,817 HOUSEHOLDS

A significant milestone in rural electrification is set to take place as the National Electrification Administration (NEA) has approved the energization of 8,817 households within ZAMSURECO-I's franchise area through the Solar Photo Voltaic Mainstreaming-Solar Home System (SHS) technology. This transformative initiative is scheduled to commence in the second half of 2024. In a formal communication to ZAMSURECO-I, NEA confirmed the approval of the expansive electrification project, which targets unenergized households located in remote puroks and sitios within the cooperative's service coverage area. The project will utilize Solar Home System (SHS) technology to bring sustainable energy solutions to these underserved communities. NEA

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has also granted permission for ZAMSURECO-I to begin the procurement process for the supply, delivery, and installation of solar home systems for the initial batch of beneficiaries, consisting of 3,000 households (Batch 1). The procurement process is set to commence immediately, with an emphasis on efficiency and quality.

Upon the disbursement of subsidy funds, the selected contractor will be tasked with the rapid deployment of the solar home systems, aiming to complete the installation for 3,000 households within a six-month timeframe.

A standard solar home system under this project includes a 50 Wp solar panel, a lithium-ion battery, and a 12V module capable of offline prepaid operation. Each SHS unit is designed to provide a minimum of 88Wh per day, sufficient to power an energy-efficient television and other small appliances.

To facilitate continuous power supply, vending machines will be strategically installed, allowing beneficiaries to easily "re-load" their

solar modules. This user-friendly system ensures that households can maintain their energy access with minimal inconvenience.

The sustainability of the PVM project is underpinned by a robust regulatory framework for SHS. This includes a monthly service fee of approximately 207 pesos, or alternatively, a prepaid service option. One of the standout features of this initiative is that project beneficiaries will gain membership within the electric cooperative, granting them access to broader services and support.

Moreover, ZAMSURECO-I will be responsible for the operation and maintenance of the SHS units, ensuring ongoing functionality and durability. This commitment underscores the cooperative's dedication to providing long-term, reliable energy solutions to its members.

"The approval of this project marks a significant step forward in our mission to bring sustainable, reliable energy to all corners of our service area," GM Jose Raul Saniel said. "We are excited to see the positive impact this will have on our communities."



ZAMSURECO-I ENHANCES EMPLOYEE CAPACITY WITH VEHICLE TRACKING SYSTEM TRAINING

ZAMSURECO-I recently invested in a Vehicle Tracking System to improve MCO satisfaction, a move that has been praised by many. ZAMSURECO-I, in collaboration with Cartrack Philippines, conducted virtual training sessions on June 07, 2024, and June 14, 2024, at the ZAMSURECO-I Heroes' Hall in Pagadian City. The aim of these sessions was to equip end-users, including the IT Group, Internal Audit Department, and drivers with the necessary knowledge and skills to effectively utilize the Cartrack Fleet Management System.

A total of 44 participants from Batch 1 and 36 participants from Batch 2 successfully attended the virtual sessions. The designated trainer from Cartrack Philippines provided a comprehensive overview of the system, emphasizing its functionalities and the potential benefits it brings to ZAMSURECO-I's fleet operations. Participants were also given a virtual demonstration of features such as real-time vehicle tracking and trip history analysis, allowing them to understand how the system can optimize routes and promote safe driving practices. The interactive nature of the sessions included a Question and Answer portion where participants could seek clarification on specific aspects of the system. The trainer addressed their inquiries comprehensively, ensuring that participants felt confident and prepared to utilize the Cartrack system effectively.

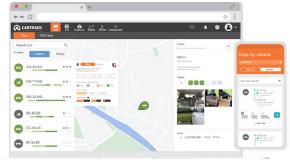
"The Cartrack Fleet Management System is a significant investment for ZAMSURECO-I," said GM Jose Raul Saniel. "By empowering our employees with this cutting-edge technology, we are confident in our ability to deliver faster, more reliable service to our valued customers."

To wrap up the sessions, the trainer provided a concise summary of key takeaways and next steps. Training materials, such as video recording presentations, were distributed electronically for future reference. The virtual orientations were successful in familiarizing ZAMSURECO-I's personnel with the Cartrack Fleet Management System, leading to improved efficiency, heightened safety for employees, and increased MCO satisfaction.

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ZAMSURECO-I IMPLEMENTS ADVANCED GPS FLEET TRACKING SYSTEM



ZAMSURECO-I has launched a cutting-edge Vehicle Fleet Tracking System. This innovative project leverages GPS technology to enhance the efficiency, productivity, and safety of their vehicle fleet operations.

The project entails installing advanced Global Positioning System (GPS) devices in every vehicle within the ZAMSURECO-I fleet. These devices enable real-time tracking and monitoring, providing precise information on vehicle location, speed, and routes

The GPS data is continuously transmitted to a centralized control center, where it is processed and analyzed using specialized software. This software offers a user-friendly interface for managers and supervisors, allowing them to visualize the location and status of each vehicle on a map, streamline dispatching, optimize routing, and monitor vehicle performance.

Under the leadership of General Manager Jose Raul A. Saniel, ZAMSURECO-I has successfully outfitted 72 vehicles with the GPS gadgets. To ensure effective use of the new system, drivers and users participated in virtual training sessions on June 7 and 14, 2024. The training was conducted by Cartrack Philippines and aimed to familiarize users with the system's features and operations.

By implementing this project, ZAMSURECO-I aims to ensure transparent and efficient utilization of its vehicle assets, strengthen customer service through swift responses to complaints, and improve overall employee productivity.

With the introduction of the GPS Fleet Tracking System, ZAMSURECO-I continues to demonstrate its commitment to innovation and customer service excellence.

HEALTH CORNER

January <u>to March 2024</u>

HEALTH CORNER

HOW TO STAY HEALTHY THIS RAINY SEASON?

Staying healthy during the rainy season involves taking extra precautions due to increased humidity, the prevalence of waterborne diseases and the likelihood of getting wet.

Here are some tips to help you stay healthy:

1. Stay Dry

- Always carry an umbrella or raincoat.

- Wear waterproof footwear to avoid fungal infections.

2. Maintain Good Hygiene

- Wash your hands frequently with soap and water.

- Keep your living environment clean and dry to prevent mold growth.

3. Boost You Immune System

- Eat a balanced diet rich in fruits, vegetables and whole grains.

- Stay hydrated by drinking plenty of water.

- Get enough sleep and manage stress.

4. Prevent Mosquito Breeding

- Use mosquito repellants and nets

- Avoid stagnant water around your home, which can be a breeding ground for mosquitoes.

5. Avoid Contaminated Water and Food

- Drink boiled or filtered water.

- Avoid street food and ensure food is cooked properly.
- Wash fruits and vegetables thoroughly.

6. Dress Appropriately

- Wear lightweight, breathable clothes to prevent skin infections.

- Change out of wet clothes immediately to avoid catching a cold.

7. Exercise Regularly

 Engage in indoor exercises if outdoor activities are not feasible.

- Practice yoga or home workouts to stay active.

8. Be Cautious with Allergies and Respiratory Issues

Use pair purifiers if you are prone to allergies.
Avoid damp places that can trigger asthma or respiratory problems.

9. Get Vaccinated

- Ensure your vaccinations are up to date, especially for flu and other seasonal infections.

By following these tips, you can reduce the risk of falling ill and enjoy a healthier rainy season.



You must always be calm, composed & cool about everything. This will build a positive aura around your body attracting people towards you. Avoid touching the other person while talking, many people dislike being touched. Clothes must not hang loose on your body in a formal set up. Tie, belt buckle, and zip must be in a straight line.

5. There must always be a pinch of seriousness with a mild smile on your face.

6. Hair must be properly combed.

7. You can carry a little perfume on your clothes just to give something positive to the people you meet everyday (to avoid the sweat odor) but

remember applying too much perfume may give allergies to others or even make you look fake.

8. Talk looking into the eyes of the other person.

9. Teeth and mouth must always be clean, chew mint gum or use mouth wash to avoid bad breath.

10. Never laugh too much in a formal setup. (laugh to your fullest casually)

11. Speak a bit less and think before you speak because one wrong word can hurt your personality.

12. Never act desperate even if your life depends on something.

13. Sit straight don't bend your back in a formal setup

HOW DO YOU IMPROVE YOUR PERSONALITY?



Bughaw ng ZAMSURECO-I January to March 2024

ENTERTAINMENT CORNER

ENTERTAINMENT CORNER

WHAT ARE THE MOST AWESOME PSYCHOLOGICAL FACTS?

1. When surrounded by plants, the brain releases certain chemicals which increase the thinking power of the brain. That's why walking in the garden is part of some psychiatric procedures.

2. If a person laughs at a low quality joke then he is suffering from loneliness.

3. The big toe indicates the nervous weakness hidden by the other fingers, indicating that the person wants to be unnoticed by many.

4. Psychology is the first 6 seconds of meeting with someone, the first impression about him is formed.

5. It is a proven fact that our response to any situation is capable of radically changing that situation.

6. Many times someone's indifference indicates his utmost care which he does not want to express.

7. If you write down negative thoughts and throw them away like garbage, your mood will get better.

8. In 90% of cases, those whose handwriting is bad are more creative than usual.

9. It has been proven that orange helps reduce anxiety. That's why doctors recommend eating an orange before going to work.

10. 80% of people would write their name if asked to write something with a new pen.

11. The conversation of the parents with the child becomes the language of his mind.

12. 8 positive statements disable a negative statement.

13. If someone's foot is back towards you during the story-gossip with many people, then it should be understood that he is interested in you.

14. If a girl likes you, she will play with her hair while talking to you.

15. Dream is a conversation between you and your subconscious mind.

ENTERTAINMENT CORNER

Bughaw ng ZAMSURECO-I

January to March 2024

HOW CAN YOU MAKE YOUR BRAIN SHARPER, SMARTER AND LIGHTNING FAST?



7. Try solving Rubik's cube in your free time. It'll help

because it'll hinder you from trying new things.

8. Limit yourself from people who discourage you to try new things. Try new things and activities; and avoid time tables,

9. Try having coffee on a daily basis, but make sure to not to

11. Add green vegetables, dry fruits, egg in your breakfast;

milk at night; and omega 3, fish, coconut and olive in your

12. Drink 8 glasses of water; and make sure to sleep for at

10. Playing mind games, like chess, sudoku, and other

stimulate neurons in your brain.

strategic games.

least 7-8 hours everyday.

overall diet.

1. Try using your opposite hand; like if you're left-handed, use your right hand sometimes; and if you're right handed, use your left hand sometimes; i.e, brushing teeth, writing few lines on paper.

2. Make it a habit to read new things everyday.

3. Learning a new programming language can increase grey matter in your brain, resulting in a more sharp and active mind; i.e Java, Scala, Python etc.

4. Try cuddling, kissing frequently, and be intimate often. It'll help stabilize emotional intelligence and stimulate blood flow to the brain.

5. Setting goal for your body; i.e to have six pack abs, getting body in shape, increasing your stamina. A healthy body houses a healthy mind.

6. Try watching/listening to top 88 Ted talks. It'll give you a new direction of thinking.

WHAT ARE SOME LESSONS THAT LIFE TEACHES YOU?

1. Cooking and cleaning is a basic life skill and not a gender role.

2. If you don't clear your misunderstanding in time, they became the reason for distance forever.

3. If you want it, work for it. It's that simple.

4. The gap between the life you could live and the life you are living is called focus.

5. If you're not dating to marry, then you're dating for heartbreak. Let that sink in and be in serious relationship.

6. Stop comparing yourself with who started 10 years before you. Focus on your own journey.

7. Confidence is not "I'm better than them", confidence is "I'm great, so are they"



8. Real growth is when you start checking and correcting yourself. Instead of blaming others, you take your power back by being responsible for your life.

9. You can't go back and change the beginning, but you can start where you are and change the ending.

10. Being kind to yourself is the best medicine.

11. And there is always, always, always something to be thankful for.



Bughaw ng ZAMSURECO-I April to June 2024



29th ARRA Annual Regular

Annual Regular Representative Assembly

> ON AUGUST 17, 2024 7:00AM-5:00PM

AT MEGA GYMNASIUM, PROVINCIAL GOVERNMENT CENTER DAO, PAGADIAN CITY

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